

Enduring the Turbulence of Life
Part 4 - Leads to Refocused Attention
September 27, 2020

SERMON TEXT

1 Do not fret because of those who are evil or be envious of those who do wrong; 2 for like the grass they will soon wither, like green plants they will soon die away.

3 Trust in the Lord and do good, dwell in the land and enjoy safe pasture. 4 Take delight in the Lord, and he will give you the desires of your heart.

5 Commit your way to the Lord; trust in him and he will do this: 6 He will make your righteous reward shine like the dawn, your vindication like the noonday sun.

7 Be still before the Lord and wait patiently for him; do not fret when people succeed in their ways, when they carry out their wicked schemes.

8 Refrain from anger and turn from wrath; do not fret—it leads only to evil. 9 For those who are evil will be destroyed, but those who hope in the Lord will inherit the land.

16 Better the little that the righteous have than the wealth of many wicked; 17 for the power of the wicked will be broken, but the Lord upholds the righteous.

18 The blameless spend their days under the Lord's care, and their inheritance will endure forever. 19 In times of disaster they will not wither; in days of famine they will enjoy plenty. 20 But the wicked will perish: Though the Lord's enemies are like the flowers of the field, they will be consumed, they will go up in smoke.

25 I was young and now I am old, yet I have never seen the righteous forsaken or their children begging bread. 26 They are always generous and lend freely; their children will be a blessing.

LEADS TO REFOCUSED ATTENTION

OUR EARTHLY CHALLENGE

DO NOT FRET BECAUSE OF THOSE WHO ARE EVIL OR BE ENVIOUS OF THOSE WHO DO WRONG; 2 FOR LIKE THE GRASS THEY WILL SOON WITHER, LIKE GREEN PLANTS THEY WILL SOON DIE AWAY.

PSALM 37:1

OUR SPIRITUAL RESPONSE

1. TRUST IN THE LORD AND DO GOOD

Psalm 37:3

2.) Commit your Actions to the Lord

Psalm 37:5; Psalm 55:22

- Bring forth your righteousness - *Isaiah 58:10*
- Vindication - *Romans 12:19*

3.) BE STILL AND WAIT PATIENTLY

Psalm 37:7; 2 Peter 3:9

In wrapping this up, David says two things:

- God is faithful. *Psalm 37:25-26*
- What God gives lasts forever. *Psalm 37:18-20*

What is the practical step for us to take?

Choose (daily) to follow the Lord. Romans 12:1

Life Questions?

- 1.) Are you experiencing anger or worry? Based on Psalm 37, what step(s) do you need to take to shift your attention?

- 2.) What do you know about God? List His attributes that give you the most comfort during the turbulence you face.